

Curriculum vitae

Personal data

Name

Tarek Youssef Ahmed Youssef

Date of birth

10/7/1976

Working address

General surgery department - Faculty of Medicine -
Ain shams university.

Permanent address

Masken Sheraton 55 Al Moltaka Al Araby Masaken Sheraton 3rd floor.

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Social Status: Married.

Religion: Muslim.

Nationality: Egyptian.

Military Service: Exempted finally

Language

- Arabic (mother language) and English (a graduate of Tbary El-Hegaz high school) and a minimal of French and Italian.

- Completion of the National Toefl Test on 4/9/2003 with score = 503.
- Completion of the Academic IELTS exam on the British council on 26/3/2008.

Hobbies: Football, Swimming and Tennis.

Licensure:

- Licensed in Egypt as a consultant in general surgery.
- Licensed in England as a Registrar of general surgery.

Membership

- Member of Egyptian medical syndicate since 2000.
Member of the Egyptian society of laparoscopic surgery (ESLS) since 2004.
- Member of the Egyptian society of the colorectal surgery in Demerdash (Ain Shams University) hospitals since 2005.
- Member of the Mediterranean & Middle Eastern Endoscopic Association (MMESA) since 2007.
- Member of the European Association for Endoscopic Surgery since 2009.
- Member of the General Medical Council (England) from 14/05/2009.
- Fellow of the American College of surgeons from November 2015.

Qualifications

- M.B, B.Ch. Ain shams university 1999, Very Good with honor.
- M.Sc, General surgery Ain shams university, 2003, Very Good.
- Intercollegiate Membership of Royal College of Surgeons England December (2007).

- Membership of the Royal College of Physicians and Surgeons of Glasgow in (2008).
- MD General Surgery Ain Shams University, November 2008.
- Master of Mini-Invasive Surgery and Laparoscopy from the Scuola Superiore di Catania Italy with the Honor degree in November 2009.

Research as a candidate:

- ***M.Sc, Essay:*** Recent Trends in Laparoscopic Repair of Inguinal Hernia.
- ***MD thesis:*** Value and Results of Endoscopic dilatation Versus Cardiomyotomy in Patients with Achalasia of the Oesophagus.
- ***Review of records:*** Undertriage of trauma patients in Ain Shams University Hospitals in collaboration with University of Maryland Baltimore USA **(in progress)**.
- ***Thesis for the master of mini-invasive Surgery:*** Avoiding Defunctioning Stoma in Low Colorectal Anastomosis by Using Endoluminal Protection Device (NOCOIL): Outcome of the First 95 Cases.
- ***Is CT Colonography Equivalent to Optical Colonoscopy in Detecting Asymptomatic Colorectal Lesions in Average Risk Patients; published by:*** The Egyptian Journal of Radiology and Nuc. Med., Vol. 40, No.3, (September): 809-816, 2009.
- **Fibrin Plug Technique Combined with Extra-Sphincteric Limited Fisulectomy in High Trans-sphincteric Fistulas (a pilot study).**
- **Patients Undergoing Laparoscopic Cholecystectomy: Needs Assisment** The New Egyptian Journal of Medicine Vol.:47; No.:1 1st July 2012.
- **Effect of Pre-Admission Health Education on Satisfying Needs of Patients Undergoing Laparoscopic Cholecystectomy,** The New Egyptian Journal of Medicine Vol.:49; No.:3 1st September 2013.

- Review Article about the Surgical Management of Ulcerative Colitis presented in Haigh educational council for promotion to Assistant professor.
- Short Term Outcome of Laparoscopic Versus Open Resection for Left Colon Carcinoma: A Prospective Randomized Study. (Kasr AlAieny Journal of Surgery November 2013).
- The Addition of Lateral Internal Sphincterotomy in the Treatment of Hemorrhoids (Ain Shams Journal of Surgery June 2011).
- Value of C- Reactive Protein and Leucocytic Count Measurement in Selecting Females with Right Iliac Fossa Pain for Laparoscopic Appendectomy (Ain Shams Journal of Surgery September 2014).
- Outcome of Single Port Laparoscopic Right Hemicolectomy early Experience (Ain Shams Journal of Surgery October 2014).
- Laparoscopic roux En-Y Gastric Bypass technique and results in 150 cases (Egyptian Journal of Surgery September 2014).
- Avoiding Pitfalls in Trauma Triage: Effect of Nursing Staff Development (Life Since Journal 2012).
- Oral Calcium and vitamin D supplementation after total thyroidectomy (Thyroid Research and Practice September-December 2014).
- Proposed protocol for health needs management among patients having day case Laparoscopic Cholecystectomy Surgery, (Egyptian Journal of health care) vol 9, number 3.

Courses

- University lecturer preparation course from Ain Shams University in September 2006.
- Work and profession ethics course from Ain Shams University in November 2006.

- Sequential Trauma Educational Program (University of Maryland) Shock Trauma Hospital (USA) in November 2007.
- Credit hours course for 3 days in Ain Shams University in February 2008.
- Competition research project course in Ain Shams University for 3 days in March 2008.
- Active presentation course for 3 days in Ain Shams University in March 2008.
- Scientific research ethics course for 3 days in Ain Shams University in March 2008.
- Course for focused Abdominal Sonography in Trauma Patients (FAST) Course in June 2008 in Shock Trauma Hospital University of Maryland Baltimore.
- Completion of the Injury Prevention Research & Training Summer Program in summer 2008 in university of Maryland Baltimore USA.
- Advanced Laparoscopy Course in Monaldi Hospital in Napoli, Italy from June to October 2009 (Hands on Training) as a part of the Master degree of mini-invasive Surgery in Italy.
- Certified trainer of the STEPs course in Ain Shams University from 6th to 10th March 2010.
- Fundamentals of trauma course 30-31 March 2010.
- STORZ sponsored EAES course from University of Dundee - England 23rd – 26th May 2011.
- Attended a course of Advanced laparoscopic Upper GI surgery organized by Alexia in June from 10-14/2012.
- Attendance and active participation as a speaker in the advanced laparoscopic colorectal surgery workshop in Covidien center of innovation Istanbul Turkey 16-17 /6/2014.
- Attendance of the international publication course 21-22 October 2014.
- Attendance of research ethics course 4-5/11/2014.
- Attendance of communication skills course 4-5/11/2014.
- Attendance of the university legal and economic sides 19-20/10/2014.
- Attendance of strategic planning course 9-10/11/2014.
- Attendance of Transanal Endoscopic Microsurgery Course 1 and 2 September 2015 (Alexia).
- Attendance of the Laparoscopic Colorectal Surgery Advanced Course in IRCAD Strasbourg from 15 to 17 /12/ 2016.
- STEPs program trainer in Sudan in November 2017.
- Completion of the Quality Management and Patient Safety Program April –December 2017.

- Attendance of the medical education clinical immersion in New Approach for Colorectal Diseases in Barcelona 22-23 January 2018.
- Attendance of the Anti-corruption course in Administrative supervision from 17 to 19 December 2018.
- Attendance of the ICG 2019 Multidisciplinary approach on Fluorescence Guided Laparoscopic Surgery Course on 01 February 2019 in Istanbul, Turkey.
- Certificate of STEPs Trainer September 2019 in Esmailia.
- Medtronic LAPCO Train the Trainer Course 03-04 October 2019 in Istanbul Turkey.

Conferences and Workshops:

- The Egyptian International Congress of Laparoscopic Surgery (2005, 2006, 2007, 2008) in calibration between (ESLS) and (MMESA).
- Recognition as a trainer for the STEPS course 2008/2009.
- The workshop of Laparoscopic Hernia repair on 12/11/2008 in
 - Catania – Italy.
- 8th forum of mini-invasive surgery 5-6 march 2009 in Catania.
- International Workshop in Mininvasive Surgery 8th and 9th April 2009 at Covidien European Training Center, Elancourt, France.
- Conference of role of Ultrasound in Emergency Surgery 17/18 April 2009 in Catania, Italy.
- Workshop for Mini-invasive Operating techniques in General Surgery from 26th to 28th April, 2009 in LRC , Cairo university, Egypt.
- Workshop for advanced laparoscopic surgery with prof. Valeri, Careggi Hospital Firenze, Italy for one week from 17th to 22nd May 2009.
- Workshop for advanced laparoscopic surgery with prof. Rosati, Istituto Clinico Humanitas in Milan, Italy for one week from 25th to 29th May 2009.
- Workshop for advanced laparoscopic surgery with prof. Melotti in Modena, Italy for one week 1st to 5th June 2009.
- Attendance of the 17th International Congress of the European Association for Endoscopic Surgery from 17th to 20th June 2009, Prague, Czech Republic.
- Evolution and Innovation in Laparoscopy in Bari, Italy September 2009.

- 8th Egyptian Society of Laparoscopic Surgery (ESLS) 21st – 23rd January 2010, Cairo – Egypt (speaker, organization of life transmission, and attendance activities).
- 1st Congress of African Middle Eastern Society of Hernia (AMESH) 21st January 2010.
- 28th Annual meeting of the ESS (Egyptian Society of Surgeons) presentation of principles of Laparoscopic colo-rectal surgery and also attendance of the conference (speaker).
- Attendance of the 2nd IASGO (international association of surgery and gastroenterology) postgraduate course in hepatobiliary and colorectal surgery (speaker).
- 33rd Ain Shams International medical congress March 3rd – 5th, 2010 organizer – speaker.
- 8th annual meeting of the Mediterranean Society of pelvic floor disorders 8-10 April 2010.
- Attendance of the 18th International Congress of the European Association for Endoscopic Surgery from 16th to 19th June 2010, Geneva, Switzerland.
- Active participation and presentation in the conference of the Egyptian group of colon and rectal surgeons 23rd to 26th June 2010 in Sharm Al Sheikh (Experience of Ain Shams University in Laparoscopic Colorectal Surgery).
- Attendance and participation in the 13th Modern Egyptian Surgical Society International Conference from 14th to 16th October 2010 (Experience of Ain Shams University in Laparoscopic Colorectal Surgery).
- Attendance of the EAES Advanced Laparoscopic GI Surgery Course 15th-19th January 2011, the LRC Cairo- Egypt.
- 9th Egyptian Society of Laparoscopic Surgery (ESLS) 20th – 22nd January 2011, Cairo – Egypt (speaker, and attendance activities).
- Coloproctology workshop from 22/6/2011 to 24/6/2011 (SPEAKER & ORGANIZER)
- Conference of Egyptian group of colon and rectal surgeons September 2011 (SPEAKER & ORGANIZER).
- MMESA 17th -19th November 2011 Attendance + Speaker.
- Conference of the Breast Gynecological Cancer 12-13 January 2012.
- Attendance of the 10th conference of the ESLS (10th-12th January 2013).
- Attendance of The 5th Breast Gynecological International Cancer Conference 17-18 January 2013
- 35th International Annual Ain Shams Medical Congress 11th – 14th April 2014 (Speaker and Chairman).

- Attendance of the Egyptian Society of Biochemistry & Molecular Biology May 1-2 2014.
- Attendance of the 11th International Congress & Workshop of the Egyptian Society of Laparoscopic Surgery & 13th MMEESA in Gowna from 7-9 May 2014.
- Attendance of the Faculty of Nursing Congress 11 May 2014.
- Attendance of the 14th World Congress of EAES 2014 in Paris.
- Presenting a talk about laparoscopic total colectomy with preservation of iliocolic artery in the EGCRS 25-29 August 2014.
- Organizing a colorectal Cancer workshop in Congress of ACS 9-12 September 2014.
- Attendance of the 10th ESBS 16-19 September 2014.
- Attendance of the principles of bariatric surgery workshop at the 10th ESBS 16/09/2014.
- Attendance of the 32nd ESS 23-24 October 2014 with paper presentation entitled iliocolic pedicle preservation in three stage ilial pouch anal anastomoses.
- Attendance of the 14th Annual Meeting of International Collage of Surgery 11 and 12 February 2015.
- Attendance of the 12th International Congress & Workshop of ESLS Speaker.
- Attendance and organization of the 36th Ain Shams Annual Medical Congress from 25-27 April 2015 and organizing the laparoscopic colorectal workshop.
- Attendance and speaker in Laparoscopic colorectal cancer workshop in IGILOC 22 may 2015.
- Attendance of the Advanced Course in Laparoscopic Colorectal Surgery in Rijeka School of Medecine from 23-24th July 2015.
- Attendance of the American College of Surgeons Congress In Chicago from 4-8 October 2015.
- Attendance of the 15th Mediterranean and Middle Eastern Endoscopic Surgery Association Congress and the 6th Emirates Society of Laparo-endoscopic Surgeons Congress In Dubai from 18th to 21st November 2015 (Speaker) Presented a video about Right to Left splenic Flexure Mobilization.
- Attendance of Sohag Annual International Conference of Surgery, Laparo-endoscopy and Oncology 18-19 November, 2015 as a Speaker (Principles of Laparoscopic Left Colectomy).
- Organizing and Lecturing in the STEPS Course in Sudan from 4th to 7th January 2016.
- Attendance and Speaker of the 13th International Congress & Workshop of the Egyptian Society of Laparoscopic Surgery and 11th Winter meeting of the MMESA 18-20 February 2016.

- Trainer in Laparoscopic Hernia Workshop 6-8 February 2016 in LRC.
- Trainer in Basic Laparoscopic Workshop in Ain Shams University 3-4 March 2016.
- Speaker in 37th Ain Shams Medical Congress 26-28 March 2016.
- Speaker in the 17th congress of the Modern Egyptian Surgical Society 23rd – 26th March 2016.
- Trainer in Laparoscopic Hernia Workshop in LRC 28-30th March 2016.
- Speaker in the 5th International Conference of the Egypt Chapter of the American College of Surgeons 21st -22nd April 2016.
- Speaker in the 18th Annual Conference of the Egyptian Group of Colon and Rectal Surgeons.
- Poster presentation about the Complications related to laparoscopic surgery in The 26th World Congress of the IASGO from 8th to 10th September 2016.
- Presentation in complications related to laparoscopic colectomies in Tanta Gastroenterology surgery congress 3-5 October 2016.
- Attendance of the American Collage of Surgeon Congress 15-20 October 2016 in Washington DC.
- Chair person and Speaker in the 14th Conference of the ESLS 16-18 February 2017.
- Chair person and Speaker in the 16th annual meeting of the Egyptian Society of Surgical Oncology.
- Speaker in the 19th Annual Conference of the Egyptian Group of colon and rectal surgery from 13 to 15 September 2017.
- Speaker in the 6th international conference of Egypt Chapter of the ACS 14th to 15th September 2017.
- Attendance of the 35th Annual Summer meeting of the of the Egyptian society of surgeons from 28th to 30th September 2017.
- Attendance of thr 103rd Annual Clinical Congress of the ACS in San Diego, CA, USA. From October 22 to 26, 2017.
- Attendance of the 15th International Congress & Workshop of Egyptian Society of Laparoscopic Surgery 14th-16th February 2018, cairo.
- Attendance of the 39th Annual Ain Shams Medical Congress 10th - 15th March 2018, Cairo.
- Rekaba course 17-19 December 2018.
- Attendance of the ICG 2019 Multidisciplinary Approach on fluorescence guided laparoscopic surgery course 01 February 2019.
- Attendance of the 16th Egyptian Society of Laparoscopic Surgery from 14 to 16 February 2019 in Helton Heliopolis, Cairo, Egypt.

- Attendance of Surgery Conference – Egypt Chapter of the American Collage of Surgeons 6th – 8th April 2019.
- Attendance as a chairperson and speaker in the 21st of the Egyptian Society of the Colon and Rectal Surgeons from 28th to 30th August 2019 with 16 credit hours.
- Attendance of the 105th annual clinical congress of the American collage of surgeons in san Francisco from 27th to 31st October 2019.

Convoys and social activities:

- Consultant of the Egyptian surgical convoy to Derdawa in Ethiopia from 13 to 21 June 2011.
- Award from the Coptic Orthodox Cultural Center for the Cathedral Attack.
- Consultant of the Egyptian surgical convoy by Ain Shams University to Shalatyn and Halayb from 8-10 September 2019.

Research as a Supervisor:

- Supervisor on master degree essay in general surgery (Recent Trends in Management of Gynaecomastia).
- Supervisor on master degree essay in general surgery (Post Traumatic Thumb Reconstruction).
- Supervisor on master degree essay in general surgery (Recent Advances in Minimally Invasive Surgery).
- Supervisor on master degree essay in general surgery Recent Trends in Diabetic Foot Management
- Supervisor on master degree essay in general surgery Immediate Breast Reconstruction after Mastectomy.
- Supervisor on master degree essay in general surgery Postoperative Mediastinitis.
- Supervisor on master degree essay in general surgery Surgical Management of Morbid Obesity.
- Supervisor on master degree essay in general surgery Complications of Sleeve Gastrectomy.
- Supervisor on master degree essay in general surgery New Trends in Management of Acute Aortic Dissection.
- Supervisor on master degree essay in general surgery Role of Laparoscopy in Common Bile Duct Exploration.

- Supervisor on MD degree Thesis in general surgery biological classification of breast cancer.
- Supervisor on MD degree Thesis in general surgery Comparative Study between Laparoscopic Sleeve Gastrectomy and Laparoscopic Adjustable Gastric Banding.
- Supervisor on MD degree Thesis in general surgery Evaluation of Laparoscopic Single Port Sleeve Gastrectomy in the Treatment of Morbid Obese Patients.
- Supervisor on master degree in general surgery Molecular Classification of Breast Cancer.
- Supervisor on master degree in general surgery Blast Injuries.
- Supervisor on master degree in general surgery Skin Sparing Mastectomy with Immediate Breast Reconstruction.
- Supervisor on MD degree Thesis in general surgery outcomes of single port laparoscopy in colorectal surgery.
- Supervisor on master degree in general surgery Laparoscopic Management of Colorectal Cancer.
- Supervisor on master degree in general surgery Single Incision Laparoscopic Splenectomy.
- Supervisor on master degree in general surgery Management of Breast Cancer According to Biological Classification.
- Supervisor on MD degree in general surgery titled Lymph Node Harvesting in Laparoscopic Versus Open Colectomy; A Comparative Study.
- Supervisor on Master degree in General Surgery titled Single Port Laparoscopic Splenectomy.
- Supervisor on Master degree in General Surgery titled Updates in the Management of Hemorrhoids.
- Supervisor on master degree in General Surgery titled Neonatal Intestinal Obstruction.

- Supervisor on MD degree in general surgery titled Short Term Outcome of Laparoscopic Resection for Left Sided Colon and Rectal Cancer.
- Supervisor on Master degree in General Surgery in Recent Modalities in Management of Locally Recurrent Rectal Carcinoma.
- Supervisor on Master degree in General Surgery in Conservative Management of Splenic Injuries.
- Supervisor on Master degree in General Surgery absorbable tackers Vs Non absorbable tackers in Laparoscopic Repair of Inguinal Hernia.
- Supervisor on Master degree in General Surgery Specimen Extraction Site for Laparoscopic –Assisted Anterior Resection for Cancer Rectum (A Study of Short-term outcomes).
- Supervisor on Master degree in General Surgery on Role of Endovascular Management in Chronic Iliocaval Occlusion.
- Supervisor on Master degree in General Surgery on Primary Closure Versus Limberg Flap Procedure for Reconstruction of Sacrococcygeal Pilonidal Defect.
- Ileostomy and mucus fistula with and without posterior wall anastomosis after right hemicolectomy: a comparative study of short term outcomes.
- Assessment of low anterior resection syndrome in patients who underwent low anterior resection for cancer rectum.
- Comparative study between heavyweight mesh and lightweight mesh in ventral hernia repair.
- Comparative Study Between Re-routing Technique and Ligation of Inter-sphincteric Fistula Tract (LIFT) in Treatment of High Perianal Fistula.
- Management of Hemorrhoids with Doppler-Guided Hemorrhoidal Artery Ligation.

Positions held and experience

- House officer at Ain Shams university hospitals for one year from 1/3/2000 to 28/2/2001.
- Resident at general surgery department (unit 6A) at Ain Shams university hospitals for three years from 6/5/2001 to 5/5/2004.
- Ain Shams university hospitals are teaching hospitals and specialized referral centers with a capacity of about 1000 beds serving a large population at central, eastern areas of Cairo.
- Ain Shams university specialized hospital is about 800 beds serving as specialized referral hospital.
 - Working as assistant lecturer of general surgery in Unit 6A Ain Shams University hospitals from 29/6/2005 till 1/1/2010 including teaching responsibilities to the 6th grade students faculty of medicine Ain shams university and training of our junior surgical residents.
 - Working as a laparoscopic surgery specialist in monaldi hospital in Napoli – Italy as a part of my training in the master of mini-invasive surgery training program from 1st June 2009 until 1st October 2009.
 - Working as a lecturer of general surgery in the same unit including teaching responsibilities to the 6th grade student's faculty of medicine Ain shams university and training of our junior surgical residents and as a consultant in the ER for 24 hours every week from 01/01/2010 until now.
 - Working as administrative Manager of the same Unit from 15/03/2010 until 22/12/2013.
 - Working as administrative Manager of the emergency department and hospital from 4/4/2013 until 22/12/2013.
 - Working as The assistant manager of El Demerdash Hospital from 22/12/2014 till 2/4/2015 with supervision on Diabetes unit.
 - Working as An Assistant Professor of General Surgery from 29/12/2015 until now.
 - Working as The Vice manager of El Demerdash Hospital from 2/4/2015 till June 2018.
 - Working as The General Manager of El Demerdash Hospital from June 2018.

The activities of the unit include:

- Elective clinical tasks and ward activities looking after inpatients pre and post operatively.

- Emergency room activities include on call for emergency on take Three days per week with other members of the team, the ER is a busy unit serving only the surgical aspect with traumatic injury and emergency surgery.
- Outpatient clinic activities. Beside the general surgical outpatient the unit has a specialized outpatient for breast diseases and ano-rectal diseases twice weekly.
 - Teaching and scientific activities: Arrange, help and attend the teaching sessions in the unit for both the under and post graduate study
 - Training and supervision of the pre-registration house officers
 - Arrange and prepare the unit seminar to evaluate the unit mortality and morbidity and discuss important scientific topics
- Working as general surgery specialist in Egypt Air Hospital for part of the time from 1/3/2004 till 1/4/2005.
- working as general surgery specialist in Shikh Zaid specialized hospitals for part time from 1/5/2004 till 1/7/2008.
- Workings as emergency doctor (Surgery) in Nozha international hospital as a part timer from 1/4/2004 till 1/5/2004 and from 1/7/2004 till 1/11/2004.
- working as general surgery specialist in surgical gastroenterology & Endoscopy Unit from 1/6/2004 till 15/3/2005.
- Working as general surgery specialist (Hurghada) in Al-Haya medical center from as a part time job one week every 3 months 1/5/2004 until now.
- Teaching in the Sequential Trauma Education Program in Collaboration with University of Maryland (shock trauma hospital) as a certified trainer starting from February 2008.

In addition to:

- Assistance in major surgical operations as Hepatectomy, Gastrectomy, Oesophagectomy, Advanced Laparoscopic Procedures, and Whipple operation.
- Completion of the training program for general surgical resident which includes :
 - 1. Operation room training during the first year:**

Circumcision
Wound suturing
Venous access
Appendectomy
Hand infection
Anal surgery
Scrotal operations
Pilonidal surgery
In-growing nails
Drainage of abscess
Skin/subcut. Lesions
Primary hernia repair

1.

Operation room training during the second year:

Lymph node biopsy *Breast biopsy* *Microdochoectomy*
Simple mastectomy *Thyroidectomy* *Splenectomy*
Abdominal incisions *Amputations* *Open cholecystectomy*
Stripping of varicose veins.

3. Operation room training during the third year:

Exploratory laparotomy *Intestinal resection and anastomosis*
Hemicolectomy *G.I. Stomas*
Laparoscopic cholecystectomy *Vagotomy operations*
Recurrent and incisional hernias *Suprapubic cystostomy*
Operations for breast cancer

In addition to :

1. Assistance in major surgical operations as Hepatectomy, Mastectomy, Oesophagectomy.
2. Emergency Room activities.
3. Surgical ward activities.
4. Outpatient clinic activities.

Special interest:

- Colorectal Surgery
- Laparoscopic and GIT surgery.

REFERENCES

- **Prof. Dr. Fakhery H. Ebeid**

- **Professor & head of Unit “6 A” of General Surgery**
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